

Pre + Post Care

Fillers

Pre-Treatment

- Please come to your appointment with no or minimal makeup
- Please do not use an exfoliator (chemical or granule)
- Avoid using any hot water on your skin, or having direct contact with sunlight

Post- Treatment

- After treatment there will be a possibility of bruising and redness, but this should resolve gradually in 7-10 days
- No alcohol consumption or aspirin 48 hours post-injection
- FOR LIP FILLERS- Do not use a straw for 3-4 weeks
- Bruising, mild pain, swelling, itching, and redness are normal and should resolve in a week. You may apply cold compresses or acetaminophen (Tylenol) to reduce swelling or discomfort.
- Avoid strenuous activity for 24 hours to reduce swelling and bruising
- You may continue your normal topical treatments next day after the treatment