

Pre + Post Care

Chemical Peel

Pre-Treatment

- Please come to your appointment with no or minimal makeup
- Please do not use an exfoliator (chemical or granule)
- Avoid using any hot water on your skin, or having direct contact with sunlight

Post- Treatment

- No products containing Retinols, Vitamin A, Glycolic or lactic acid for three 3 days post treatment
- No exfoliating scrubs for for one week post treatment, as your skin has just received a chemical exfoliation.
- Use any RenewMD approved serums
- Your skin may feel slightly more sensitive to your skin care products, as the superficial layer of dead skin has just been removed with the peel. This is usually very tolerable and requires no special care. However, if a product feels too sensitive, discontinue use for a few days.
- Your skin will undergo mild to moderate peeling 24 to 72 hours after the chemical peel and continue to do so over the course of a week.