

Pre + Post Care

# Diamond Glow

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## Pre-Treatment

- Please come to your appointment with no or minimal makeup
- Please do not use an exfoliator (chemical or granule)
- Avoid using any hot water on your skin, or having direct contact with sunlight

## Post- Treatment

- Some patients may experience mild redness immediately following their Diamond Glow service. This is temporary and generally resolves within a few minutes up to several hours.
- You may apply makeup immediately post-treatment.
- No products containing Retinols, Vitamin A, Glycolic or lactic acid for three 3 days post-treatment
- No exfoliating scrubs for one-week post-treatment, as your skin has just received an exfoliation.
- Your skin may feel slightly more sensitive to your skin care products, as the superficial layer of dead skin has just been removed through exfoliation. This is usually very tolerable and requires no special care. However, if a product feels too sensitive, discontinue use for a few days.
- You could experience a breakout following your Diamond Glow service as the skin is purged from impurities. This will resolve on its own, and often becomes less apparent with regularly scheduled Diamond Glow treatments